



*The mission of the Boys & Girls Clubs of Sonoma Valley is to provide positive opportunities for youth to learn and succeed.*

## ASES Enrichment 2009/2010

### G.R.E.A.T. - Gang Resistance Education and Training

- Provided by the District Attorney's Office through a connection with Bret Sackett
- 4<sup>th</sup> & 5<sup>th</sup> grade
- 6 week program beginning on October 14<sup>th</sup>
- Maxwell Clubhouse only

### Theater Arts & Music

- Sonoma Dance Academy
- Programs will begin in January
- All ASES sites

### Yoga

- 6 week program each grade level
- Year long – rotating through grades
- All ASES Sites

### Site Seeing – Making Neighborhoods Visible

- Environmental literacy program
- 8 week program beginning in February

### Tae Kwan Do

- **Confirming instructor**
- 5<sup>th</sup> grade
- Begin in November
- Year long program
- Maxwell & Flowery & Sassarini

### Pottery

- 6 week program – rotate grades through the year
- All ages
- Begin in November
- All ASES Sites

### VTS – Visual Thinking Strategies

- Curriculum that uses art to teach thinking, communication skills, and visual literacy.
- All Club staff trained to incorporate strategies into daily communication & programs
- El Verano in 2<sup>nd</sup> year offering VTS program in the classrooms
- Other schools adding VTS to their curriculum this year



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#### Graffiti Removal

- Keystone Club - Maxwell
- X weekly
- Year round program

#### Garden

- Ongoing gardening
- Vegetable plants producing vegetables that will be used in the kitchen
- Sonoma Master Gardeners Club – visit 1x monthly
- Maxwell Clubhouse

#### Paws for Healing

- County organization brings dogs in for Club members to read to
- Builds literacy skills
- Meets 1x weekly
- All ASES sites

#### P.A.L.S. (Peer Assisted Learning Strategies) – Literacy Intervention

- El Verano ASES
- 10 week program
- El Verano teachers identify 16-30 students for program
- 2 sessions begin October and 2 sessions in January

#### Dance

- Sonoma Dance Academy
- Series of 4 dance classes meeting 1x week
- Teens only - Maxwell

#### Knead to Rise (cooking)

- Series of 4 cooking lessons meeting 1x week
- Basic cooking knowledge (following recipe, measuring)
- Nutritional component
- Sassariini & Flowery

#### Potential Enrichment:

Guitar – group lessons – Craig Madison